INTERNATIONAL POLICE ASSOCIATION



REGION 11 - FLORIDA
(FIVE COUNTIES STRONG)
P.O. Box 970266
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Apr-May-June 2020

REGION 11 MEMBERSHIP MEETING HAS BEEN CANCELLED UNTIL FUTHER NOTICE





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HISTORIAN [POSITION OPEN]

REGION 11 WEBSITE http://www.iparegion11.org

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PRESIDENT'S MESSAGE By BOB KILLEN

The remaining IPA meetings for 2019 will HOPEFULLY be held on:



August 19th November 18th

The first quarter of this year went well for the region. This quarter (April-May-June), there are some holidays to observe: Easter and Passover; Earth Day; Cinco de Mayo; Mother's Day; Armed Forces Day; Memorial Day; Father's Day and Flag Day.

As we enter the 2nd quarter, there is so much uncertainty we are experiencing everyday. The scare of COVID-19 is real and challenging to our daily lives. The good news is we are Americans with a notably strong and intelligent society. We will get through this.

Stores have empty shelves and the products, we are so used to having available, are just not there. But the stores are slowly getting everything back, especially the toilet paper. Hand sanitizer, bleach, paper towels, face masks and gloves are almost impossible to find. The lines at the stores are staggering.

I was on the Internet and observed unbelievable price gouging going on. A can of Lysol spray was going for \$100! This is Disgusting.

Many businesses are closed, and people are encouraged to stay home. We are told that April will bring the United States a staggering death toll. Pray for our brothers and sisters.

Because of the uncertainty of current events and in the name of caution, I am cancelling our May meeting. We will plan for our August 19th meeting to be held at G.G.'s Italian Restaurant.

This COVID-19 will change our everyday habits including socializing and travel.

During March I hosted two German members who had to return to Germany a week earlier because of the airline restrictions. Unfortunately, they were unable to experience the South Florida hospitality due to many closings.

All of you and your families are in my prayers to get through this tough time. Have the faith.

Bless You All.

Bob Killen

UP-TO-DATE ARTICLES FROM LAW ENFORCEMENT TODAY ON-LINE MAGAZINE

If you click (ctrl button + click) on any of the below links you will access this magazine and be able to subscribe it to your emails.

Report: 68% of jail inmates in '18 were held on felony charges... yet countless inmates are being released 'for their safety'

https://www.lawenforcementtoday.com/report-68-of-inmates-in-18-were-felony-charges/

Officer shot during standoff at apartment complex – officials say his bulletproof vest may have just saved his life.

https://www.lawenforcementtoday.com/officer-shot-during-standoff-at-louisiana-apartment-complex/

What's the best way to decontaminate after I get home? Whether you're working or grocery shopping, here's the list.

https://www.lawenforcementtoday.com/whats-the-best-way-to-decontaminate-after-i-get-home-tips-from-experts/

Florida reverses course on churches after arresting pastor: 'Religious services now an essential activity.'

https://www.lawenforcementtoday.com/florida-reverses-course-on-churches-after-arresting-a-tampa-area-pastor/

Police shut down Pink Floyd cover band playing for dozens of adults. People start screaming 'F- the police'.

https://www.lawenforcementtoday.com/police-in-nj-shut-down-pink-floyd-cover-band-on-front-lawn-they-were-playing-for-30-full-grown-adults-come-on-people/

Report: 68% of jail inmates in '18 were held on felony charges... yet countless inmates are being released 'for their safety'

https://www.lawenforcementtoday.com/report-68-of-inmates-in-18-were-felony-charges/

Several years ago I happened to be on business in Boca Ration which took me by a photography business, named Photo Pro Boca. I checked by to find out if they could restore some photographs that I found in my garage that were over 60+ years old and not in good condition. They said they could. I knew it was a long-shot, but I hoped for the best. When I picked up the photos several weeks later, the result was magnificent. Photo Pro Boca and the two most remarkable photographers and photo restoration professionals saved my family's ancient photographic history.

Introducing Mr. Steven Bercovitch and Ms. Rita Fulginiti. They are the owners of Photo Pro Boca located in the shopping center just west of the Florida Turnpike overpass on the northside of Glades Road at 8177 Glades Road, Ste. 13-A, in Boca Raton. Recently I went there to see if they could restore a photo I had of my personal ancient history - when I was on the Sheriff's Office SWAT team. The photo was waterlogged and adhered to a piece of broken glass, which came out of the frame. While I was there, Rita and Steve showed me some of the latest, really coooool, three-dimensional photos lasered into a pieces of crystal. These photos I'm showing you on this page does not come close to the actual products. They are going to make a great gift. Go to Photo Pro Boca and check them out. Oh. My SWAT picture, which has my old teammates Steve, John Vinnie, Patrick, Chris and I are now in a beautiful frame hanging in my office.

Now I'll let Steve and Rita tell you a little about their business:

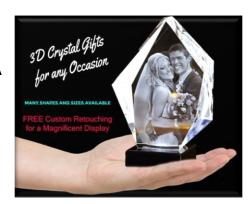
"Welcome to *Photo Pro Boca*. We are a 30+ year full service professional digital photo lab offering Premier Quality printing and photography services. Photo Pro started as a Kodak lab (1-HR Photo Pro) offering film photo services and now evolved into a full digital lab offering Photography & Video services to our local customers and business accounts. The photo lab has state of the art equipment for scanning, <u>printing</u>, and mounting! Our inhouse Studio is staffed with 40+ years in the Photography/Video industry".



Steven L. Bercovitch
Rita Fulginiti
PHOTO PRO BOCA
8177 Glades Road, Ste. 13-A
Boca Raton, FL 33434
561-487-2799
561-350-2555 Steven Direct
609-338-9258 Rita Direct
photoproboca.com

Hours of Operation Mon-Fri: 10am-6pm Sat: 10am-5pm

Sat: 10am-5pm Sun: Closed



Tell them Richie Kreuter sent you.

What to do if you are sick with coronavirus disease 2019 (COVID-19)

If you are sick with COVID-19 or suspect you are infected with the virus that causes COVID-19, follow the steps below to help prevent the disease from spreading to people in your home and community.

Stay home except to get medical care

You should restrict activities outside your home, except for getting medical care. Do not go to work, school, or public areas. Avoid using public transportation, ride-sharing, or taxis.

Separate yourself from other people and animals in your home

People: As much as possible, you should stay in a specific room and away from other people in your home. Also, you should use a separate bathroom, if available.

Animals: Do not handle pets or other animals while sick. See COVID-19 and Animals for more information.

Call ahead before visiting your doctor

If you have a medical appointment, call the healthcare provider and tell them that you have or may have COVID-19. This will help the healthcare provider's office take steps to keep other people from getting infected or exposed.

Wear a facemask

You should wear a facemask when you are around other people (e.g., sharing a room or vehicle) or pets and before you enter a healthcare provider's office. If you are not able to wear a facemask (for example, because it causes trouble breathing), then people who live with you should not stay in the same room with you, or they should wear a facemask if they enter your room.

Cover your coughs and sneezes

Cover your mouth and nose with a tissue when you cough or sneeze. Throw used tissues in a lined trash can; immediately wash your hands with soap and water for at least 20 seconds or clean your hands with an alcohol-based hand sanitizer that contains at least 60-95% alcohol covering all surfaces of your hands and rubbing them together until they feel dry. Soap and water should be used preferentially if hands are visibly dirty.

Avoid sharing personal household items

You should not share dishes, drinking glasses, cups, eating utensils, towels, or bedding with other people or pets in your home. After using these items, they should be washed thoroughly with soap and water.



Clean your hands often

Wash your hands often with soap and water for at least 20 seconds. If soap and water are not available, clean your hands with an alcohol-based hand sanitizer that contains at least 60% alcohol, covering all surfaces of your hands and rubbing them together until they feel dry. Soap and water should be used preferentially if hands are visibly dirty. Avoid touching your eyes, nose, and mouth with unwashed hands.

Clean all "high-touch" surfaces every day

High touch surfaces include counters, tabletops, doorknobs, bathroom fixtures, toilets, phones, keyboards, tablets, and bedside tables. Also, clean any surfaces that may have blood, stool, or body fluids on them. Use a household cleaning spray or wipe, according to the label instructions. Labels contain instructions for safe and effective use of the cleaning product including precautions you should take when applying the product, such as wearing gloves and making sure you have good ventilation during use of the product.

Monitor your symptoms

Seek prompt medical attention if your illness is worsening (e.g., difficulty breathing). **Before** seeking care, call your healthcare provider and tell them that you have, or are being evaluated for, COVID-19. Put on a facemask before you enter the facility. These steps will help the healthcare provider's office to keep other people in the office or waiting room from getting infected or exposed.

Ask your healthcare provider to call the local or state health department. Persons who are placed under active monitoring or facilitated self-monitoring should follow instructions provided by their local health department or occupational health professionals, as appropriate.

If you have a medical emergency and need to call 911, notify the dispatch personnel that you have, or are being evaluated for COVID-19. If possible, put on a facemask before emergency medical services arrive.

Discontinuing home isolation

Patients with confirmed COVID-19 should remain under home isolation precautions until the risk of secondary transmission to others is thought to be low. The decision to discontinue home isolation precautions should be made on a case-by-case basis, in consultation with healthcare providers and state and local health departments.

For more information: www.cdc.gov/COVID19



To help ensure the health and wellness of our community during the COVID-19 pandemic, Broward Health is extending mobile, drive-through testing for our community. We are dedicated to caring for you and safeguarding our community. Please see instructions below.

To meet criteria, individuals must be:

- Prescreened and meet CDC and DOH testing guidelines
- Prequalified with a prescription
- Preregistered through our call center

Things you must bring:

- Proper ID required inclusive of name, date of birth, and photo (can be ONE of the following):
 - FL Drivers License
 - State-issued ID
 - Passport
- · Patient confirmation number from our call center

By appointment only.

To register, call **954.320.5730** from 7am-7pm to receive further instruction

*While supplies last. Results are NOT immediate.

If experiencing shortness of breath or in case of emergency, dial **9-1-1** immediately.



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Coronavirus: Don't Panic. Prepare.

By Chrystal D. Rambarath and Brian White



ith the news using words like "pandemic" and "quarantine," the public's reaction to the coronavirus outbreak that began in China late last year ranges from confusion to ambivalence to panic. But excessive worry is counter-

productive and may actually increase your risk of infection. Remember that the vast majority of people who get sick will only have mild symptoms before recovering. However, it is important to understand what is going on and how to reasonably protect yourself and your loved ones.

What is coronavirus?

According to the National Institutes of Health (NIH), coronaviruses are actually a family of viruses that can afflict people and animals such as camels, cattle, and bats. As the World Health Organization (WHO) explains, coronaviruses can cause illnesses ranging from the common cold to pneumonia and breathing difficulty. Infrequently, a new strain can move from animals to humans and then be transmitted person to person.

In the past two decades, we experienced this with MERS-CoV, Middle East Respiratory Syndrome, and SARS-CoV, Severe Acute Respiratory Syndrome. These viruses are no longer spreading in humans. The current virus is SARS-CoV-2, which causes the disease Coronavirus 19 or COVID-19. People can develop immunity to viruses to which they have been exposed, but as a new virus, people likely have little or no immunity to SARS-CoV2. The good news, if there is any, is that MERS-CoV and the original SARS were more deadly. COVID-19 is like the prior two having originated in bats. Both the NIH and Centers for Disease Control say that the disease started in China as evidenced by its DNA sequence.

How does it spread?

The CDC reports that the virus is spreading in two major ways: person-to-person contact; and by touching contaminated surfaces or objects (that sick people have coughed or sneezed on or touched with their hands) and then touching one's face.



This picture from World War II, a soldier carrying a donkey. It is not that the soldier loves donkeys or has some sort of perversion. What's happening is that the field is mined and that if the donkey was free to wonder as it pleased, it would likely detonate a charge and kill everyone. The moral of the story is that during difficult times the first ones you have to keep under control are the jackasses who don't understand the danger and do as they please.

While transmission may be possible when people aren't showing symptoms, the CDC believes that in most cases, people are contagious when they are showing symptoms and at their sickest.

What are the signs and symptoms?

Common symptoms of COVID-19, the WHO advises, include:

- **fever**
- tiredness
- dry cough

Additionally some people may experience:

- aches,
- diarrhea diarrhea
- other respiratory symptoms such as nasal congestion, runny nose, and spre throat

On the other hand, some people do not show any symptoms or feel unwell. The good news from the WHO is that about 80% of people recover from COVID-19 and do not require special treatment. For more information on the worldwide spread of the disease and related statistics, country by country, visit https://www.worldometers.info/coronavirus/.

Who is most at risk?

The WHO reports that one of six people will become seriously ill and experience respiratory distress. The most susceptible people are:

- older adults
- people with chronic diseases such as heart disease, diabetes, lung disease, cancer, and high blood pressure

High risk persons and their caregivers should take special precautions. The CDC advises that high risk people stock up on supplies, including two or more weeks of food, and over the counter and prescription medications. Consider contacting health care providers to request extra medicine or use a mail-order service for medication. It is a good idea to have supplies such as tissues, soap, hand sanitizer, and fever reducers at home.

High risk individuals should also avoid crowds and people who are sick, and should generally keep a distance from others. You may be able to help at risk members of your family and friends by doing their shopping for them. Travel should be avoided, especially cruises or air travel that is not absolutely necessary. If there is a nearby outbreak, high risk people should stay in their homes as much as possible.

How can I protect my family?

There is currently no vaccine to prevent COVID-19. You can protect yourself and your family in easy and familiar ways.

1. First and foremost, wash your hands regularly and properly with soap and water for at least 20 seconds or use >70% alcohol hand sanitizer. This is particularly important after blowing noses, coughing, sneezing, or coming from a public place.

- 2. Cover your mouth and nose with your elbow or a tissue when coughing and sneezing and encourage others to do this same. Dispose of the tissue and immediately wash your hands.
- 3. Keep six feet away from anyone who is showing symptoms such as coughing or sneezing. The virus is transmitted in respiratory droplets which can be inhaled after a sneeze.
- 4. Do not touch your eyes, nose, and mouth. These are entry points into your body for the virus.
- 5. To the extent possible, do not go to work, to school, or into public if you feel ill or experience symptoms such as fever, coughing, or difficulty breathing.
- 6. Ask your employer if telework is possible.
- 7. Call your healthcare provider or follow the directions of your local health authority so that you can obtain the most reliable information. Follow their directions to protect yourself and prevent further transmission.
- 8. Know the hotbeds for COVID-19 and avoid those places. As much as possible, do not travel. Cruises and air travel are particularly risky.
- 9. Clean and disinfect your homes and spaces you occupy regularly. Frequently touched items such as tables, doorknobs, light switches, countertops, handles, desks, phones, keyboards, toilets, faucets, and sink should be cleaned and disinfected. Clean dirty surfaces with soap and water. Any of the common EPA-registered household disinfectants are effective such as bleach, and alcohol solutions.

What do I do if I think I am infected?

- 1. If you feel ill, you are advised to stay at home and call your doctor for directions.
- 2. If confirmed, you will likely be asked to self-isolate for two weeks, meaning you should stay at home and avoid contact with others.
- 3. If you are sick, it is helpful to wear a face mask to avoid spreading the virus. Healthy people do not need to wear a face mask, unless they are caring for someone who is ill.

4. Your health insurance may cover remote teleconference options for being evaluated by a doctor. This can help you avoid traveling to places where you may be unnecessarily exposed.

In the absence of a vaccine and with the potential for coronavirus to become a pandemic, it is important that we all stay vigilant, be diligent about prevention, and be prepared. It is critical to follow updates from the CDC, WHO, and local health organizations. Some plans to make include:

- 1. Plan for your household
 - a. Include all members
 - b. Identify who is most at risk and how to best care for them
 - c. Become familiar with neighborhood emergency plans and resources, including websites and aid organizations that offer support and aid
- d. Create an emergency list to include family members, friends, neighbors, health care providers, schools, employers, and community agencies that offer resources or aid
- e. Practice all measures for preventing illness
- 2. Plan for workplace changes
 - a. Review workplace emergency operations plan
 - b. Review sick leave and telework arrangement
 - c. Make arrangements to increase ability to work remotely
- 3. Plan for changes at your child(ren)'s school or child care provider
 - a. Follow your school district for regular updates
 - b. Review the emergency plan for your child(ren)'s school or child care provider
 - c. Review the plan for continuing education and services regularly offered by the school

We are partners in keeping ourselves and our community healthy. Don't panic. Prepare. ◆

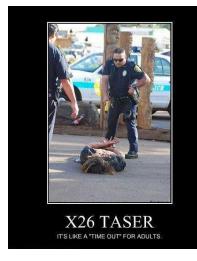
Dear Officer, I See You

Inspired by an open letter to our LEO Community that was written by Elizabeth Shiftwell. Please take a minute to watch, hear our support, and know that you are loved. To All IPA Members, their families and loved ones: Stay well and stay strong.

(Ctrl + Click to follow link)
https://www.youtube.com/watch?v=bjK8iEEguE8

SOME HUMOR TO MAKE YOU SMILE



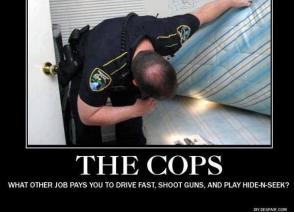


















I hope some much-needed humor made you laugh.